



الرياضة الهيدونك غمدو

Haidong Gumdo Association

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1st.Introduction to Haidong Gumdo

1. History Of Haidong Gumdo

Goguryeo, which possessed the strongest national power and the most expansive territory on the Korean Peninsula, established the Samurang system earlier than the warrior traditions of Baekje and the Hwarang of Silla. Through this system, Goguryeo cultivated and produced numerous outstanding individuals, laying a solid foundation for the nation.

Haidong Gumdo, composed of sword forms, cutting techniques, thrusting techniques, sparring, and breathing methods, played a vital role as the foundation of the Goguryeo Samurang tradition. As the supreme martial art of Goguryeo, it has been transmitted through a long and unbroken history, handed down from generation to generation, and stands today as one of Korea's proud traditional cultural heritages.

In modern times, Haidong Gumdo was inherited and further developed by Grandmaster Kim Jeong-ho from his teacher of Mount Jangbaek. Since then, it has gained widespread recognition both as a martial art and as a form of social and public physical education. Today, there are over 900 training halls throughout Korea, along with programs in universities, workplaces, and elementary, middle, and high schools, resulting in several thousand active groups nationwide.

Internationally, Haidong Gumdo is actively practiced in approximately 2,500 training halls across 182 countries, including the United States, Canada, Australia, Japan, China, Mexico, South Africa, Spain, Germany, France, Switzerland, Finland, Italy, and Fiji, among many others.



2. Purpose of Haidong Gumdo

In today's globalized, technology-driven, and information-oriented society, material abundance has led to improved living standards and dietary habits. However, excessive nutrition intake, obesity, hypertension, diabetes, and stress-related illnesses have emerged as serious social issues. At the same time, materialism and excessive individualism have become widespread throughout society, contributing to various social problems.

Although there is an urgent need for new and rational approaches—distinct from rigid and outdated methods—to fundamentally address these challenges, reality has yet to fully meet this demand.

In response, Haidong Gumdo aims to cultivate the body through disciplined physical training that emphasizes self-control, thereby building physical strength and self-confidence. Through sword training, practitioners relieve stress caused by the complexities and rapid changes of modern society.

Furthermore, Haidong Gumdo promotes mental cultivation through breathing techniques, meditation, and moral education based on the values of loyalty, filial piety, courtesy, and righteousness.

By fostering inner discipline and patience, and by incorporating character education—long neglected in schools and families—as a core element of training, Haidong Gumdo serves as an optimal form of lifelong physical education capable of fundamentally addressing various contemporary social issues.

Thus, distinct from conventional forms of social sports, Haidong Gumdo responds to the demands of the modern era through its unique and differentiated training methods. Its ultimate purpose is to nurture individuals who possess both a healthy body and a sound, disciplined mind—qualities essential to society.



3. Characteristics of Haidong Gumdo

1. A legitimate self-defense discipline

Haidong Gumdo is an authentic self-defense practice that equips practitioners with the ability to respond effectively to violent and emergency situations.

2. Training for enhanced concentration

As it utilizes the sword rather than empty-hand techniques, Haidong Gumdo requires a high level of focus, thereby greatly improving concentration and mental clarity.

3. Stress relief and self-discovery through discipline

Through vigorous physical training and perspiration, practitioners relieve stress and cultivate self-awareness through the practice of self-discipline.

4. Mental and moral cultivation for youth

Haidong Gumdo instills the values of loyalty, filial piety, courtesy, and righteousness, fostering moral character and mental discipline, particularly in growing students.

5. A comprehensive full-body workout

Utilizing the entire body to perform a wide range of sword techniques, Haidong Gumdo provides balanced and effective full-body training.

6. Development of fundamental physical abilities

The training enhances muscular strength, endurance, agility, reflexes, and rotational sense, thereby improving overall athletic performance and basic physical fitness.

7. Cultivation of confidence

Through intensive physical conditioning and mental training, Haidong Gumdo builds confidence and inner strength.

8. A meditative and static form of training

Haidong Gumdo incorporates breathing techniques and meditation, making it a calm and introspective discipline that cultivates inner balance.

9. A lifelong practice for all ages and genders

Haidong Gumdo is a lifelong martial art that can be practiced by anyone, regardless of age or gender.



4. Fundamental Spirit of Haidong Gumdo

- Chung (Loyalty): A sincere devotion to one's country.
- Hyo (Filial Piety): A heartfelt respect for and devotion to one's parents.
- Ye (Courtesy / Respect): A respectful and courteous attitude toward elders and others.
- Ui (Righteousness): The commitment to act justly and uphold what is right.

5. The Ten Precepts of the Haidong Gumdo Dojang

- Bow respectfully and remain quiet when entering or leaving the dojang.
- Maintain proper attire at all times.
- Keep a reverent mindset and proper posture during training.
- Observe silence and refrain from unnecessary talking.
- After eating, allow sufficient time to rest before beginning practice.
- Those who have consumed alcohol must refrain from training and from entering the dojang.
- Treat the sword as your own life, and handle it with the utmost care and respect.
- Clean the dojang regularly, morning and evening, and maintain cleanliness at all times.
- Do not criticize other schools or disparage the techniques of different styles.
- A practitioner of swordsmanship must restrain impatience, timidity, and jealousy, and always maintain a calm and composed mind.



2nd. Rules And Regulation Of Haidong Gumdo

Rewards and Disciplinary Regulations (Members)

Article 1 (Scope of Application)

These Regulations shall apply to disciplinary actions against executives, Chief Masters of regional associations, Masters, Instructors, Assistant Instructors, and Teaching Instructors affiliated with the Korea Haidong Gumdo Association (hereinafter referred to as “Haidong Gumdo Members”), unless otherwise specifically provided for by other laws or regulations.

Article 2 (Definitions)

The definitions used in these Regulations are as follows:

- Severe Disciplinary Action” means dismissal or removal from position.
- Minor Disciplinary Action” means submission of a written statement of explanation, pledge, or other form of reflection and self-restraint.

Article 3 (Types and Jurisdiction of Disciplinary Committees)

Disciplinary committees shall consist of:

- The Rewards and Disciplinary
- Committee and the Board of Directors.

The Rewards and Disciplinary Committee shall deliberate on disciplinary cases involving Masters, Instructors, Assistant Instructors, and Teaching Instructors.

The Board of Directors shall deliberate on disciplinary cases involving executives and Chief Masters.

- Cases referred under Paragraph 2 of this Article.
- Any other cases that damage the honor or reputation of Haidong Gumdo practitioners.

Article 4 (Establishment of the Rewards and Disciplinary Committee)

The Rewards and Disciplinary Committee shall be established under the authority of the President of Haidong Gumdo.

However, if the President deems it unnecessary, the Committee may not be established.



Article 5 (Composition of the Rewards and Disciplinary Committee and the Board)

The Rewards and Disciplinary Committee shall consist of no fewer than four (4) and no more than seven (7) members including

- one Chairperson,
- one Vice Chairperson
- Directors.

The Board of Directors shall consist of the Representative Director and Directors.

Article 6 (Administrative Staff)

The Rewards and Disciplinary Committee shall appoint one Secretary.

The Secretary-General shall serve as Secretary for the Board of Directors.

Article 7 (Request for Disciplinary Resolution)

Matters in violation of the Articles of Incorporation that require discipline shall be submitted to the Disciplinary Committee for resolution.

When disciplinary grounds are recognized, the Chief Master of the relevant region shall notify the Committee with supporting evidence.

Upon receiving notice of disciplinary grounds, the Rewards and Disciplinary Committee shall report its resolution to the Board of Directors within one (1) month.

If the Chairperson determines that the matter is serious or that a fair resolution may not be possible, the case may be referred to the Board of Directors.

All disciplinary actions shall be submitted with sufficient investigation and supporting materials.

Article 8 (Time Limit for Disciplinary Resolution)

The Rewards and Disciplinary Committee shall submit the case to the Board of Directors within thirty (30) days from the date of receipt.

The Board of Directors shall resolve the matter within thirty (30) days and notify each branch. This period may be extended by Board resolution if unavoidable.



Article 9 (Attendance of the Person Subject to Discipline)

- When attendance is required, a written notice of appearance shall be issued.
- If direct delivery is impracticable, the notice may be delivered through the person requesting discipline.
- If the person waives the right to make a statement or fails to appear, a written waiver shall be submitted and the matter decided by document review.
- If the person neither appears nor submits a statement, the fact shall be recorded and a decision made by document review.
- In cases of overseas stay, criminal proceedings, detention, or travel, a written statement may be accepted within sixty (60) days.
- If the whereabouts are unknown, notice shall be deemed served after fourteen (14) days from official public notice.
- Refusal to accept notice shall be deemed a waiver of the right to make a statement.

Article 10 (Interrogation and Right to Statement)

- The Committee may interrogate the person subject to discipline and require attendance of relevant persons.
- The person subject to discipline shall be given sufficient opportunity to state their case and submit evidence orally or in writing.
- The person may request examination of witnesses, subject to Committee approval.

Article 11 (Resolution of the Disciplinary Committee)

- Resolutions shall require attendance of at least five (5) members including the Chairperson and approval by a majority of those present.
- The resolution shall state the facts constituting the grounds for discipline.

Article 12 (Chairperson of the Rewards and Disciplinary Committee)

- The Chairperson shall represent the Committee, convene meetings, preside over sessions, and exercise tie-breaking authority.

Article 13 (Acting Chairperson)

- In the event of an accident or absence, the Vice Chairperson or a designated member shall act on behalf of the Chairperson.



Article 14 (Disqualification and Recusal)

A Committee member who is a relative of, or otherwise related to, the person subject to discipline shall not participate.

A request for recusal may be submitted in writing with reasonable grounds, and shall be referred to the Board of Directors.

Article 15 (Notification)

All resolutions shall be reported to the Board of Directors, which shall notify each branch.

Article 16 (Determination of Discipline)

In determining discipline, the Committee shall consider conduct, performance, achievements, corrective efforts, and other relevant circumstances.

Article 17 (Notice of Resolution)

The disciplinary resolution shall be submitted to the Board of Directors, which shall notify the requesting party within the prescribed period.

Article 18 (Execution of Discipline)

The disciplinary authority (Representative Director) shall execute the decision within thirty (30) days.

Article 19 (Closed Meetings)

Meetings shall be closed to the public in principle.

Article 20 (Confidentiality)

No person shall disclose confidential information obtained in the course of duty.

Article 21 (Enactment)

These Regulations shall be enacted by resolution of the Board of Directors as necessary for Association operations.

Supplementary Provision

These Regulations shall take effect on January 1, 2026.



Rewards and Disciplinary Regulations (Employees)

Chapter 1 General Provisions

Article 1 (Purpose)

These Regulations prescribe matters concerning rewards and discipline for employees working for the World Haidong Gumdo Federation and the Korea Haidong Gumdo Association (hereinafter referred to as the “Association”).

Article 2 (Review and Enforcement)

Employee rewards and discipline shall be implemented by the President following deliberation by the Personnel Management Committee.

The Personnel Management Committee shall consist of the Representative Director, Head of Human Resources, Directors, and Auditors.

The Rewards and Disciplinary Subcommittee shall not be involved in employee discipline.

Chapter 2 Rewards

Article 3 (Grounds for Rewards)

Employees may be rewarded for outstanding contributions, exemplary performance, innovation, cost reduction, social contribution, enhancement of the Association’s reputation, or other merits deemed appropriate by the President.

Article 4 (Types of Rewards)

Rewards may include commendations, monetary awards, special promotion or salary increase, and special leave, individually or in combination.

Article 5 (Recommendation for Rewards)

The head of the relevant department shall submit supporting documents to recommend rewards, which shall be reviewed and referred to the President and the Personnel Management Committee.

Article 6 (Reward Procedures)

The Personnel Management Committee shall process reward recommendations within one (1) month, following sufficient verification.



Chapter 3 Discipline

Article 7 (Grounds for Discipline)

Employees may be disciplined for violations of regulations, misconduct, negligence, criminal acts, workplace sexual harassment, damage to the Association's reputation, or other improper acts.

Article 8 (Types of Discipline)

Disciplinary measures include:

- Reprimand
- Salary reduction
- Suspension
- Dismissal

Article 9 (Request for Discipline)

The department head shall report disciplinary grounds with evidence to the HR department, which shall request deliberation by the Personnel Management Committee.

Article 10 (Disciplinary Procedures)

Disciplinary deliberation shall be completed within one (1) month, based on sufficient investigation and objective proof.

Article 11 (Right to Statement)

The employee shall be given an opportunity to make a statement orally or in writing and may request witness examination.

Article 12 (Reconsideration)

An employee may request reconsideration within seven (7) days of notice, and the Committee shall deliberate within seven (7) days.

Article 13 (Decision Procedure)

Decisions require attendance and approval by a majority of Committee members and final approval by the President.

Article 14 (Cautionary Measures)

Minor misconduct may result in a caution instead of formal discipline.



Article 15 (Criminal Cases)

Disciplinary procedures may be suspended pending first-instance criminal judgment. A guilty verdict shall result in immediate discipline, including dismissal for imprisonment or heavier sentences.

Article 16 (Liability for Damages)

Disciplinary action shall not exempt an employee from liability for damages caused by willful misconduct or gross negligence.

Supplementary Provision

These Regulations shall take effect on January 1, 2023.

WORLD HAIDONG GUMDO FEDERATION Promotion and Rank Advancement Regulations

Article 1 (Purpose)

The purpose of these regulations is to ensure that all dojangs and instructors affiliated with the Korea Haidong Gumdo Association, under the World Haidong Gumdo Federation, as well as all associations belonging to the World Haidong Gumdo Federation, adhere to standardized training curricula.

Through this, practitioners shall acquire strong mental discipline and advanced technical skills, and all promotion and Dan examinations shall be conducted in compliance with uniform and standardized regulations.

Article 2 (Authority)

The authority to conduct promotion and Dan examinations within member countries and national associations of the World Haidong Gumdo Federation shall rest with the Chief Director (General Dojang Master) of each association, as approved by the Federation. The Chief Director shall administer and supervise the examination, prepare all documentation required for oversight and issuance of certificates, and submit the complete examination records to the Federation within five (5) days following the examination.

Article 3 (Obligations)

All affiliated associations registered with the World Haidong Gumdo Federation shall strictly comply with the Federation's standards for Geup promotion examinations and Dan promotion examinations, and shall take all necessary measures to ensure that Haidong Gumdo practitioners are able to undergo examinations in accordance with these regulations.



8th Dan Examination Requirements

Applicants for the 8th Dan examination must satisfy all of the following requirements:

Sword Forms

- Taeguk Sword Forms No. 1 through No. 4

Written Thesis

- Submission of a thesis contributing to the development of Haidong Gumdo
- Minimum length: 20 A4 pages

Training Period

- A minimum of 84 months (7 years) of continuous training after obtaining the 7th Dan

9th Dan Examination Requirements

Applicants for the 8th Dan examination must satisfy all of the following requirements:

Sword Forms

- Taeguk Sword Forms No. 5 through No. 7

Written Thesis

- Submission of a thesis contributing to the development of Haidong Gumdo
- Minimum length: 30 A4 pages

Training Period

A minimum of 120 months (10 years) of continuous training after obtaining the 8th Dan

Article 4 (Programs and Examination Categories)

To achieve the objectives of this Association, examinations shall be conducted under the following categories:

1. Joint Examination

Applicants from each country and regional/provincial association under the World Haidong Gumdo Federation shall gather at a designated location and undergo a joint examination conducted under the leadership of a Chief Director appointed by the Federation.

2. National Independent Examination

Applicants within each country may undergo examinations conducted by the Chief Director appointed by the Federation, to whom the Federation grants authority to administer such examinations.



3. Special Examination

Individuals who do not hold Dan certificates issued by the World Haidong Gumdo Federation, but who possess Dan certificates from similar Haidong Gumdo–related organizations, may apply for a special examination for Dan conversion.

4. High-Dan Examination

Applicants for 4th Dan and above shall undergo examinations administered directly by the Federation. If unsuccessful:

- Student applicants may reapply after two (2) months.
- Adult applicants may reapply only through the Federation High-Dan Examination Program.

5. Overseas High-Dan Examination

For overseas examinations, the Federation shall dispatch an official examiner when possible. If not, authority may be delegated to the national representative.

6. Encouragement for Federation High-Dan Examination

Overseas applicants for 4th Dan and above are encouraged to participate in Federation-hosted examinations.

Article 5 (Examiners)

1. Selection of Examiners

Examiners shall be selected based on:

- Sword forms
- Cutting techniques
- Sparring
- Character evaluation

Appointments shall consider rank, experience, reputation, and ethics. Personal relationships shall not influence appointments.

2. Special Examiners

High-Dan examinations shall be overseen by a Special Examination Committee composed of Chief Directors.

Observers may attend but shall not score or determine results.



Article 6 (Eligibility)

1. Eligible Applicants Applicants must:

- Train at an officially registered dojang
- Be recommended by their Dojang Master
- Submit official examination forms
- Include guardian and instructor signatures (if applicable)

2. Equipment and Compliance

Applicants must use only Federation-approved equipment:

- Official uniform
- Practice sword
- Wooden sword
- Live blade (In tournaments only)

Article 7 (Approval Request for Examination Implementation)

1. Examination Approval

Member countries must submit annual schedules for approval.

Any changes require written explanation within one (1) month.

2. Submission of Results

Within five (5) days of the examination, the following must be submitted:

- Examination results
- Application forms
- Fee documentation

Article 8 (Examination Items)

1. Practical Examination

- Sword Forms (Geombeop)
- Sparring (Gyeokgeom)
- Cutting Techniques
- Physical Fitness Test

2. Theoretical Examination (7th Dan and Above)

- Thesis submission
- Oral examination
- Character evaluation



Article 9 (Safety Measures)

- Safety procedures shall be enforced by the Chief Director.
- Safety briefings must be conducted before examinations.
- Medical personnel shall be assigned as necessary.
- Applicants bear responsibility for injuries.
- All incidents shall be handled under Chief Director authority.

Article 10 (Post-Examination Procedures)

1st Dan

- Navy dobok
- Large & small certificate
- Belt
- 1 Excellence Award per 10 candidates

2nd Dan

- White dobok
- Certificates
- Belt
- 1 Gold Award per 10 candidates

3rd Dan

- Check-pattern dobok
- Certificates
- Belt
- 1 Gold Award per 10 candidates

4th Dan

- Instructor badge
- Certificates
- 1 Gold Award per 10 candidates

5th Dan

- Bronze-plated certificate
- Certificates
- Belt
- 1 Gold Award per 10 candidates



6th Dan and Above

- Same benefits as 5th Dan

Article 11 (Unsuccessful Applicants)

Failure reasons include:

- Incomplete documents
- Improper attire
- Non-approved equipment
- Insufficient skill
- Ineligibility
- Unpaid fees
- Re-examination allowed after 1 month
- Review limited to failed sections
- After 3 failures, special examination allowed
- High-Dan failures may reapply after 6 months

Article 12 (Conversion of Rank Certificates)

- 1st–2nd Dan may be converted by document review
- 3rd Dan and above require examination
- Grace period may be granted
- Certificate must state “Haidong Gumdo”
- “Gumdo-only” certificates require Federation approval

Instructor Certification Standards

Grade 3

- 4th Dan
- 2 years teaching
- Age 21+
- 1 seminar

Grade 2

- 5th–6th Dan
- 3 years teaching
- Age 25+
- 3 seminars



Grade 1

- 7th Dan or higher
- 10 years teaching
- Age 35+
- 7 seminars

Referee Certification Standards

Grade 3

- 4th Dan
- 2 years experience
- 1 seminar
- 2 referee programs

Grade 2

- 5th–6th Dan
- 4 years experience
- 3 seminars
- 4 referee programs

Grade 1

- 7th Dan or higher
- 10 years experience
- 5 seminars
- 7 referee programs

Referee Authority

Grade 3

- National: Preliminary
- International: Preliminary

Grade 2

- National: Preliminary & Main
- International: Preliminary & Main

Grade 1

National: Preliminary & Final

International: Preliminary & Final



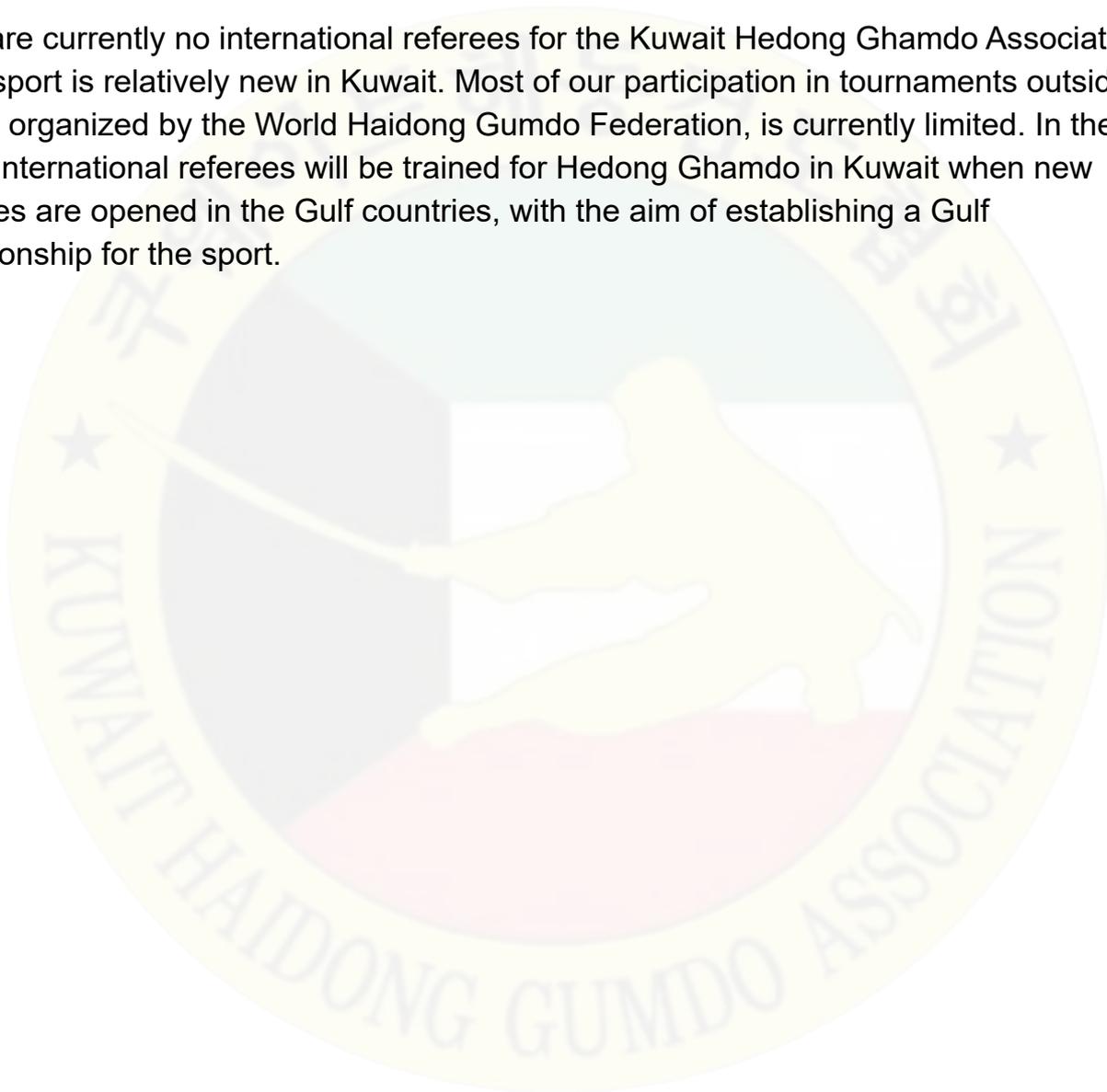
3rd.Names of the coaches

Photo	Name	Rank
	Abdollah E. Palesh Naseri	Master
Photo	Name	Rank
	Humoud Fahad Naser Almedej	Captain
Photo	Name	Rank
	Luz Dela Cruz	Captain



4th (A).Number of referees and their ranks

There are currently no international referees for the Kuwait Hedong Ghamdo Association, as the sport is relatively new in Kuwait. Most of our participation in tournaments outside Kuwait, organized by the World Haidong Gumdo Federation, is currently limited. In the future, international referees will be trained for Hedong Ghamdo in Kuwait when new branches are opened in the Gulf countries, with the aim of establishing a Gulf championship for the sport.





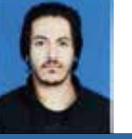
4th (B).Names and number of referees (local)

Photo	Name	Rank
	Abdollah E. Palesh Naseri	Master
Photo	Name	Rank
	Humoud Fahad Naser Almedej	Captain

The Kuwait Haidong Gumdo Association organizes a local (friendly) championship among players in order to qualify them, enhance their skills, and prepare them before participating in international competitions



5th.Names Of Players

	Name Hae Yoon Lee		Name Bader Almuzaini		Name Anwar alattal
	Name Adel Alshawaf		HEAD COACH MASTER Name Abdollah E. Palesh Naseri		CAPTAIN Name Humoud Fahad Naser Almedeij
	Name Luz Dela Cruz		Name Hala A. Alhasawi		Name Ahmed Sultan
	Name Zaid Alkhatib		Name Abdulrahman Rashed Alazmi		Name Aisha Yousef Ahmed
	Name Shahad Alamri		Name Soad Boshehri		Name Ghassan Marjiy
	Name Nawaf Aish Mufreh		Name Abdullah A. Alkhanderi		Name Ali Daher
	Name Othman A. Alqattan		Name Bahram Mohamad		Name Abdala B. Abbas
	Name Hashim Jamal Alshamri		Name Salah Abdullatif Alabeed		Name Louay Ahed Alkayali
	Name Basil Hujair		Name Rita Hujair		Name Anas Hujair
	Name Saad Ahmed Albaghili				



6th. International Participation in Haidong Gumdo Sport

In 2010, there were 3 participants from Kuwait in the Haidong Gumdo World Championship, where we achieved 2nd place and the silver medal (Master Bader Al-Muzaini).

In 2019, the number of participants from the State of Kuwait was 4, resulting in 3rd place and bronze medals for Master Bader Al-Muzaini, Master Abdollah, and Captain Luz, in addition to Grand Master Hae Yon Lee receiving the gold medal.

In 2024, the number of participants was 8, and the gold medal for 1st place was achieved by the player Zaid Al-Khatib.

Confirmation of Participation

This document certifies that the Kuwait Haidong Gumdo Federation has officially participated in the Haidong Gumdo World Championships organized under the supervision of the World Haidong Gumdo Federation in the following years:

- Haidong Gumdo World Championship 2010
- Haidong Gumdo World Championship in "mulimpia" 2019
- Haidong Gumdo World Championship 2024 in Jeju

The participation was conducted in accordance with the regulations and standards of the World Haidong Gumdo Federation, and the Kuwait Haidong Gumdo Association officially represented its country in each of the stated championships.



NO : 26-0004



Confirmation of Participation

This is to certify that the Kuwait Haidong Gumdo Association has officially participated in the Haidong Gumdo World Championship organized under the World Haidong Gumdo Federation in the following years

- 2010 Haidong Gumdo World Championship
- 2019 World Mulimpia Haidong Gumdo Championship
- 2024 JeJu Haidong Gumdo World Championship

The above participation was conducted in accordance with the regulations and standards of the World Haidong Gumdo Federation, and the Kuwait Haidong Gumdo Association duly represented its country in each of the aforementioned championships.

This confirmation is issued upon request for official reference and verification purposes.

23 January 2026



WORLD HAIDONG GUMDO FEDERATION
Grand Master JEONG HO KIM , President

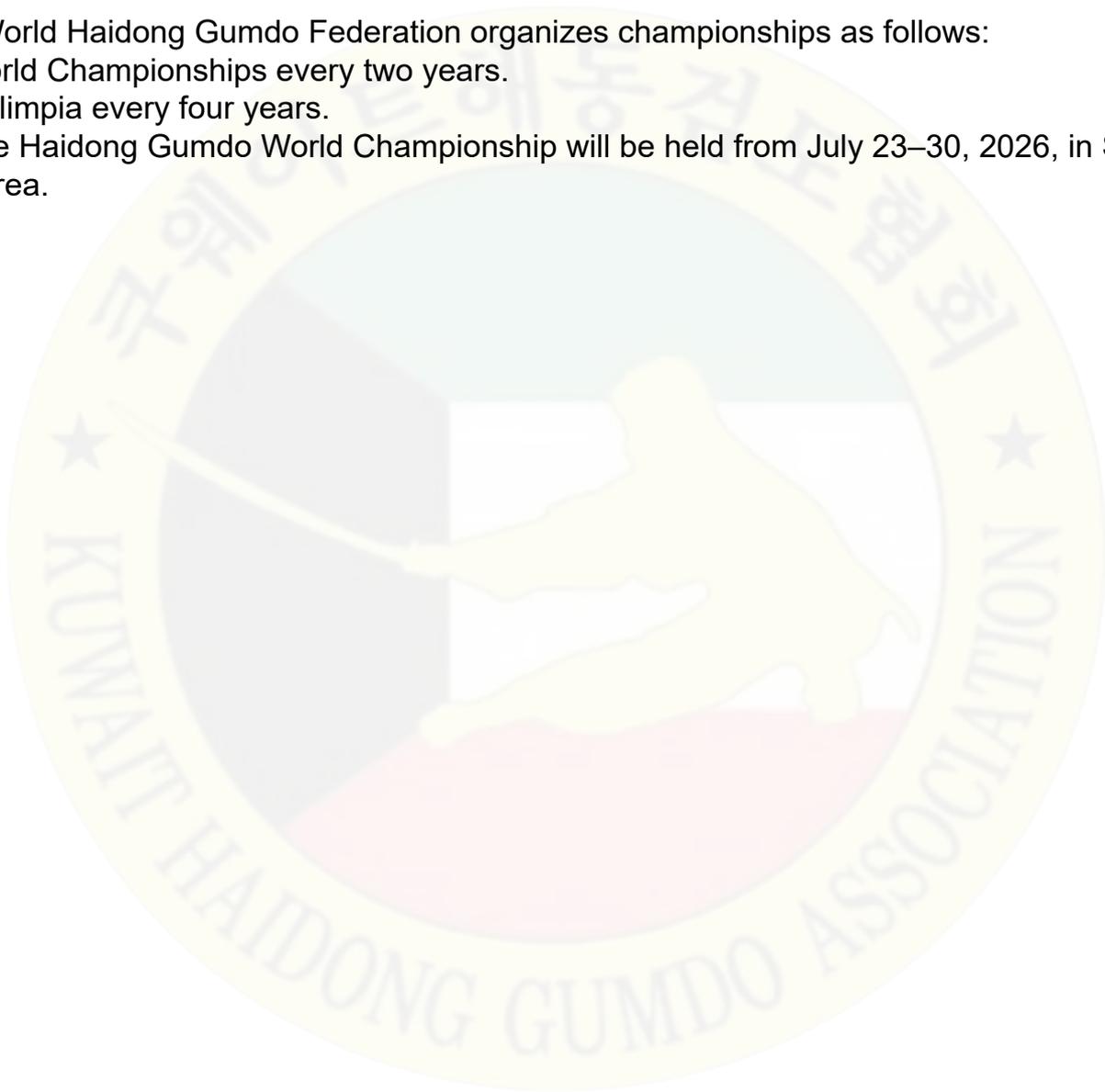




7th. Seasonal Competition Timeline

The World Haidong Gumdo Federation organizes championships as follows:

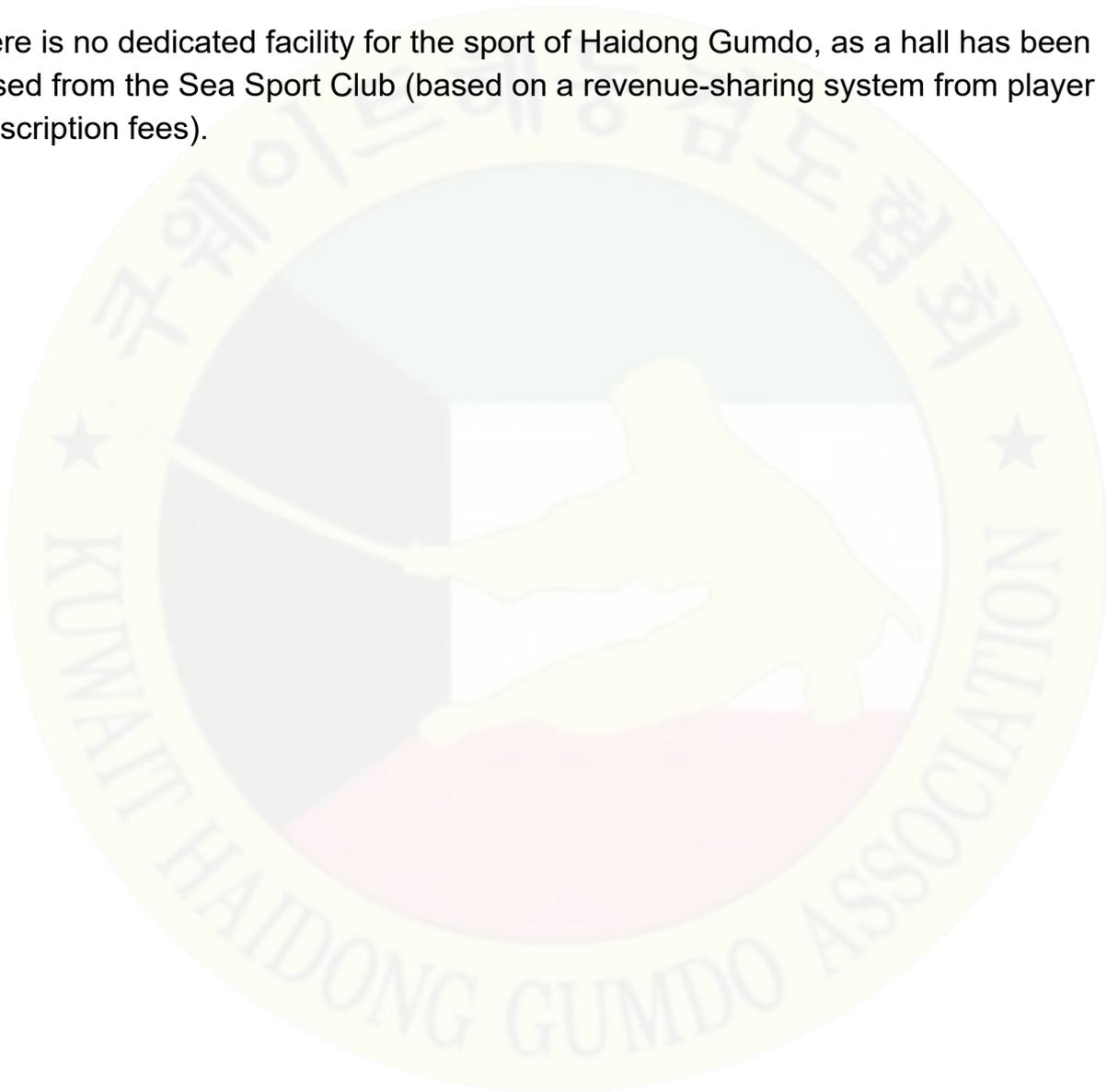
- World Championships every two years.
- mulimpia every four years.
- The Haidong Gumdo World Championship will be held from July 23–30, 2026, in South Korea.





8th. Available Facilities

There is no dedicated facility for the sport of Haidong Gumdo, as a hall has been leased from the Sea Sport Club (based on a revenue-sharing system from player subscription fees).





9th. The World Haidong Gumdo Federation exists with its headquarters located in South Korea

The Kuwait Haidong Gumdo Link has been accredited as a member of the World Haidong Gumdo Federation.





10th. History of Haidong Gumdo

- 1961: President Kim Jeong-Ho was initiated in the secret of Haidong Gumdo from his master, Jang Baek San (Cheoninam of Mt. Gwanak in Gyeonggi-do)
- Jul. 1982: Opened the first Haidong Gumdo Academy (Anyang-si, Gyeonggi-do)
- Apr. 1983: Founded the Haidong Gumdo Federation and opened the headquarter (Seocho-dong, Seoul)
- Apr. 1984: Published "Haidong Gumdo Gaeron"
- May 1989: Firstly registered the Haidong Gumdo Federation as social organization
- Jan. 1994: Established a plan of building Mudowon as a hall of world people's martial arts (Joongang Ilbo)
- Aug. 1995: Lecture of Haidong Gumdo was on at EBS (Education Broadcasting System) program
- Nov. 1996: Founded the World Haidong Gumdo Foundation
- Dec. 1997: Haidong Gumdo was on at Christmas special program of CNN and Public TV
- Jul. 2000: 200 Haidong Gumdo Championships (Yongpyeong Dome, Pyeongchang-gun, Gangwon-do, Republic of Korea/ Jul. 24–Jul. 26)
- Aug. 2000: President Kim Jeong Ho received a commendation from USA president, Bill Clinton
- Jul. 2002: The 1st 2002 Haidong Gumdo World Championships (Yongpyeong Dome, Pyeongchang-gun, Gangwon-do, Republic of Korea/ Jul. 23–Jul. 25)
- Dec. 2002: Established Haidong Gumdo training center 'HaidongGumdoWon' (Gwangju-si, Gyeonggi-do, Republic of Korea)
- Feb. 2003: Made an academy-industrial cooperation agreement with Chungcheong College
- Mar. 2004: Made an academy-industrial cooperation agreement with Howon University
- May 2004: Made an academy-industrial cooperation agreement with Daegu Mirae College
- Jun. 2004: President Kim Jeong-Ho received a commendation from USA president George Bush
- Jul. 2004: The 2nd 2004 Haidong Gumdo World Championships (Yongpyeong Dome, Pyeongchang-gun, Gangwon-do, Republic of Korea/ Jul. 25–Jul. 27)
- Nov. 2004: Announcement ceremony of Mudowon construction (Mudowon site in Danyang, Chungcheongbuk-do, Republic of Korea)
- May 2005: Explanation ceremony of Mudowon foundation (Mudowon site in Danyang, Chungcheongbuk-do, Republic of Korea)



- Oct. 2005: Made an academy-industrial cooperation agreement with Suwon University
- Nov. 2005: Made an educational cooperation agreement with Myungji University
- Mar. 2006: Made an academy-industrial cooperation agreement with Hyecheon College
- Jul. 2006: The 3rd 2006 Haidong Gumdo World Championships (Yongpyeong Dome, Pyeongchang-gun, Gangwon-do, Republic of Korea/ Jul. 16–Jul. 28)
- Sep. 2006: Made an academy-industrial cooperation agreement with Soukyung University
- Oct. 2006: Made an academy-industrial cooperation agreement with Youngsan University
- May 2007: Haidong Gumdo Masters Seminar in Korea (Yongpyeong)
- Jun. 2007: The 1st European Haidong Gumdo Championships (Waldmannhalle Baar, Switzerland / Jun. 15~16)
- Jul. 2008: The 4th 2008 World Haidong Gumdo Championships (Yongpyeong Dome, Pyeongchang-gun, Gangwon-do, Republic of Korea/ Jul. 27–Jul. 29)
- Nov. 2008: Korea Haidong Gumdo Association converted to Incorporated Society
- Dec. 2008: Haidong Gumdo was introduced as Korean Traditional Sword Martial Arts in "Sports Encyclopedia" (Published by Ministry of Culture, Sports and Tourism)
- Jan. 2009: Awarded "Best Group" at The 4th Korea Traditional Martial Arts Award
- Apr. 2009: Made an academy-industrial cooperation agreement with Daelim College
- May 2009: Published "Haidong Gumdo Text"
- Oct. 2009: The 1st National Traditional Sword Pattern Festival (Everland, Youngin/Oct 16~18)
- Oct. 2009: The 5th Australia National Championships (Queensland, Australia/Oct 24~25)
- Oct. 2009: Made an academy-industrial cooperation agreement with Paul College University in Australia
- Nov. 2009: The 1st USA Haidong Gumdo Open Championships (Arizona, USA/Nov 7~8)
- Dec. 2009: Awarded "Best Martial Artist" at Korea United Martial Arts Association
- Jul. 2010: The 5th 2010 World Haidong Gumdo Championships (Yongpyeong Dome, Pyeongchang-gun, Gangwon-do, Republic of Korea/Jul. 26-Jul. 28)
- Nov. 2010: The 6th Australia National Championships (QLD State Hockey Center, Australia/Nov 20~21)
- Dec. 2010: The 2nd National Traditional Sword Pattern Festival (Myungji University & Everland/Dec 17~19)



- Mar. 2011: Italy Haidong Gumdo Open Championships (Milano, Italy / Mar. 20)
- Jul. 2011: The 1st Haidong Gumdo Panam Championships (Utah, USA/Jul. 13~17)
- Oct. 2011: The 7th Australia National Championships (Brisbane, Australia/Oct. 22~23)
- Dec. 2011: The 3rd National Traditional Sword Pattern Festival (Youngin gymnasium & Everland/Dec. 3~4)
- Jul. 2012: The 6th 2012 World Haidong Gumdo Championships (Pyeongchang-gun, Gangwon-do & Daejeon Chungmu Stadium /Jul. 13-Jul. 15)
- Oct. 2012: The 8th Haidong Gumdo Australia Championship and Pre-Mulympics (Oct 20-21/Brisbane, Australia)
- Jul. 2013: The 1st Mulympics (Pyeongchang-gun, Gangwon-do / Jul 20-24)
- Oct. 2013: The 9th Haidong Gumdo Australia Championship (Oct 19-20)
- Aug. 2014: The 1st China Shanghai Consulate General's Cup Championship (August 9 / Indoor Gymnasium, Shanghai Normal University, Shanghai, China)
- Oct. 2014: The 10th Haidong Gumdo Australia Murimpia Championship (Oct 25-26 / Sydney, Australia)
- Oct. 2014: The 2nd European Haidong Gumdo Championship (Oct 25 / Paris, France)
- Mar. 2015: Signing of an Industry–Academia Cooperation Agreement with Gimpo University
- Jul. 2015: The 2nd Murimpia Competition (Pyeongchang-gun, Gangwon-do / July 23–27)
- Dec. 2015: The 6th National Traditional Swordsmanship Festival (Everland Cabin Hostel Grand Hall / December 12)
- Jun. 2016: The 11th Howon University President's Cup Haidong Gumdo National Championship
- Oct. 2016: The 7th National Traditional Swordsmanship Festival (Seongnam Indoor Gymnasium/Oct 9)
- Mar. 2017: Signing of an MOU between Haidong Gumdo and Taekwondowon (Taekwondowon / March 9)
- Sep. 2017: The 8th National Traditional Swordsmanship Festival (Everland, Yongin / Sep 23)
- Sep. 2018: The 9th National Traditional Swordsmanship Festival (Everland, Yongin / Sep 15-16)
- Jun. 2019: Signed an M.O.U. with Hwaseong Volunteer Center



- Oct. 2019: The 10th National Traditional Swordsmanship Festival (Yongin Everland / 7 days)
- Jul. 2021: The 5th Online (Untact) Murimpia Championship (July 23–25)
- Jul. 2022: The 12th Online (Untact) Haidong Gumdo World Championship (July 22–24)
- Oct. 2022: The 13th Swordsmanship Festival
- Jul. 2024: The 13th Haidong Gumdo World Championship, Jeju 2024
- Apr. 2025: Instructor Seminar and 1st Examination for Instructor Certification (Level 3)
- Dec. 2025: Referee Training and First Examination for Referee Certification (Level 3)





11th. Championships Guideline of Mulimpia year 2019



HAIDONG GUMDO
2020 Euro Mulimpia® Rules & Regulations

GENERAL RULES

1. This tournament is governed by the championship rules and guidelines of the European Haidong Gumdo® Association and is only open to current members of the European Haidong Gumdo® Association and the World Haidong Gumdo® Federation.
2. All competitors must wear a complete Haidong Gumdo® uniform with authorised markings only (no visible clothing under the dobok).
3. All competitors are required to compete in at least the individual sword forms and paper cutting competitions.
4. Instructors participating in the bamboo cutting competition are required to wear white martial arts shoes during the bamboo cutting competition. For all other divisions, wearing shoes during the competition will result in disqualification (in case an exception is required due to medical circumstances, please consult one of the judges prior to the competition).
5. At the beginning and ending of each performance, the competitor bows to the judges with the sword out of the belt. This applies to all divisions.
6. Etiquette is of utmost importance within Haidong Gumdo®. In the event that a competitor shows bad etiquette, this may result in deduction of points or disqualification.
7. Note that in all divisions, male and female competitors may be combined with the exception of the bamboo cutting competition. Also depending on the number of competitors within an age group, we reserve the right to combine or add divisions to best accommodate everyone.
8. Competitors will be assigned to a division based on Geup or Dan promotions until March 31st, 2020. Example: promoted to 1st Dan on April 5th, 2020 means this competitor will compete in the Colour Belt [Goh Geup] division.
9. Competitors will be assigned to a division based on their age as of May 15th, 2020.
10. In case of a tie, competition will be repeated.
11. Championship rules may be visualised by video footage.

❖ *These rules and regulations are subject to change.*



Categories & Divisions for Individual Competitions

Category	Divisions	Candidates	
Individual Gumbub + Paper Cutting MANDATORY COMPETITION	Color Belts	Cho Geup (9th ~ 7th)	Age 10 and under
			Age 11-17
			Age 18-35
			Age 36-49
			Age 50+
		Joong Geup (6th ~ 4th)	Age 10 and under
			Age 11-17
			Age 18-35
			Age 36-49
			Age 50+
	Goh Geup (3rd ~ 1st)	Age 10 and under	
		Age 11-17	
Age 18-35			
Age 36-49			
Individual Gumbub + Paper Cutting	Dan Black Belts (1st Dan)	Age 17 and under	
		Age 18-35	
		Age 36-49	
		Age 50+	
	Dan Black Belts (2nd Dan+)	Age 17 and under	
		Age 18-35	
		Age 36-49	
		Age 50+	
	Instructors	Age 39 and under	
		Age 40+	
	Masters 3rd Dan and above	Age 39 and under	
		Age 40+	



Bamboo Cutting	Black Belts (1st Dan) and Black Belts (2nd Dan+)	Women: 18+
		Men 1: Age 18-39
		Men 2: Age 40+
	Instructors 2nd Dan and above	All Ages
Masters 3rd Dan and above	All Ages	
Sword Dance	Color Belts (All Levels) and Black Belts (All Levels)	All Ages
	Instructors & Masters 2nd Dan and above	All Ages above 18+



Categories & Divisions for Group Competitions

Category	Divisions	Candidates
Group Paper Cutting (5 persons)	Color Belts (All Levels)	All Ages
1:1 Group Paper Cutting (5 persons)	Black Belts (All Levels) Not for instructors and Masters	All Ages
Group Candle Extinguishing (5 persons)	Color Belts (All Levels)	All Ages
	Black Belts (All Levels) Not for instructors and Masters	All Ages
1:1 KyukGum	Color Belts (All Levels)	All Ages
	Black Belts (All Levels) Not for instructors and Masters	All Ages
Group Sword Dance (5-10 persons)	Color Belts (All Levels) and Black Belts (All Levels) Instructors and Masters may participate	All Ages



Rules & Regulations for Individual Competitions

Individual Gumbub	
Color Belts Cho Geup	<u>Main and Final:</u> Ssangsoo Gumbub Nr. 1+ 2 performed continuously. - Mokgum
Color Belts Joong Geup	<u>Main and Final:</u> Ssangsoo Gumbub Nr. 2 + 4 performed continuously. - Mokgum
Color Belts Goh Geup	<u>Main and Final:</u> Ssangsoo Gumbub Nr. 2 + 7 performed continuously. - Mokgum
Black Belts 1st Dan	<u>Main and Final:</u> SsangSoo Gumbub Nr. 7 + 8 performed continuously. - Kagum
Black Belts 2nd Dan+	<u>Main and Final:</u> SsangSoo Gumbub Nr. 8 + 9 performed continuously - Kagum
Instructors	<u>Main and Final:</u> SsangSoo Gumbub Nr. 8 + 10 performed continuously, <i>(including Chakgum in between)</i> - Kagum
Masters 3rd Dan+	<u>Main and Final:</u> Yedo Gumbub Nr. 2 + 3 + 4 performed continuously - Kagum
<p>Remarks:</p> <ul style="list-style-type: none"> - For all rounds: NO chakgum in between (except for Instructors). Only upon finishing all the gumbubs. - All gumbubs should start facing the front; towards the jury table. - The competitor may freely create the transitions between the different gumbubs - If a participant can't perform a number because he/she didn't learn it yet, the participant has to perform the number he knows a second time continuously. <p>Commands:</p> <ol style="list-style-type: none"> 1. "Charyeot > Kyeongrye > Baro" command, bow to the judges. - Kagum = bow with sword in the belt and right hand in front 2. "Junbi" command, repeat with a loud "junbi!" 3. "Sijak" command, start the gumbub with a loud "kihap!" 4. Chakgum is performed individually upon finishing all gumbubs and remains at the last position 5. "Baro" command, return to the starting position 6. "Charyeot > Kyeongrye > Baro" command, bow to the judges. - Kagum = bow with sword out of the belt and held in front <p>Competitors will be judged, based on the following points:</p> <ul style="list-style-type: none"> • Speed + power : correct stance and balance while moving fast and making powerful cuts • Rhythm + control : correct performance of fast(-er) and slow(-er) parts of the forms <i>Example: stop 2-3 seconds for jayeon-kyeonjeokse, jocheonse, jihase</i> • Accuracy : correct focus of the eyes, stance and sword line <p>Color Belts: Federation Mokgum mandatory Black Belts: Federation Kagum mandatory</p>	



Paper Cutting	
Color Belts Cho Geup	
Color Belts Joong Geup	Final: 2 cuts [① left cut, ② right cut] - highest score (4 people)
Color Belts Goh Geup	
Black Belts 1 st Dan	
Black Belts 2 nd Dan+	Final: 3 cuts [① left cut, ② right cut, ③ left cut] - highest score (4 people)
Instructors	
Masters 3 rd Dan+	

This is a **one chance only** competition. In case of a tie, the competition will continue until 4 people with the highest scores remain as the winners.

Stand in front of the paper cutting target with the sword against your belt.

Final round

1. "Junbi" command > repeat with a loud "junbi!"
2. "Baldo" command > draw the sword (loud "kihap") into "Jayeon Kyeonjeokse"
3. "Geori Jojeong" command > step into "kimase" and check your distance
4. "Hana / One" command > make the first cut
4. Stop for a short moment after the cut.
5. "Dul / Two" command > make the second cut.
6. Stop for a short moment after the cut.
7. "Set / Three" command > make the third cut.
9. After the last cut, step back into "Jayeon Kyeonjeokse" and sheath the sword.

No points will be given for the cut if:

- the paper is not completely cut
- the cut enters the dark grey area
- the cut is performed with one hand
- balance is lost
- the paper is hit away and falls of its suspension
- after the cut one side of the paper is hit away and a piece of paper is still hanging on the suspension.

Color Belts

Official Haidong Gumdo Paper Cutting Target

Black Belts

Official Haidong Gumdo Paper Cutting Target

Federation paper cutting sword mandatory



Bamboo Cutting	
Women	<p>Preliminary round (total of 3 cuts – front and rear):</p> <ul style="list-style-type: none"> - Front bamboo pole: right downward cut → left upward cut - Turn 540 degrees to the right - Rear bamboo pole: left downward cut → Kyeonjeokse - Max. duration of 7 seconds (+/- 3 points per second) <p>Final round (total of 4 cuts – front and rear):</p> <ul style="list-style-type: none"> - Front bamboo pole: right downward cut → left upward cut - Turn 540 degrees to the right towards the bamboo pole behind - Rear bamboo pole: left downward cut → right upward cut → Kyeonjeokse - Max. duration of 8 seconds (+/- 3 points per second)
Men 1	<p>Preliminary round (total of 4 cuts - front and rear):</p> <ul style="list-style-type: none"> - Front bamboo pole: right downward cut → left downward cut → right upward cut - Turn 540 degrees to the right towards the bamboo pole behind - Rear bamboo pole: left upward cut → Kyeonjeokse - Max. duration of 7 seconds (+/- 3 points per second)
Men 2	<p>Final round (total of 5 cuts – front and rear):</p> <ul style="list-style-type: none"> - Front bamboo pole: right downward cut → left upward cut → left downward cut - Turn 540 degrees to the right towards the rear bamboo pole - Rear bamboo pole: left downward cut → right upward cut → Kyeonjeokse - Max. duration of 8 seconds (+/- 3 points per second)
Instructors	<p>Preliminary round (total of 5 cuts – front and rear):</p> <ul style="list-style-type: none"> - Front bamboo pole: right downward cut → left upward cut → left downward cut - Turn 540 degrees to the right - Rear bamboo pole: left downward cut → right upward cut → Kyeonjeokse - Max. duration of 7 seconds (+/- 3 points per second)
Masters	<p>Final round (total of 6 cuts – front and rear):</p> <ul style="list-style-type: none"> - Front bamboo pole: right downward cut → left downward cut → right upward cut - Turn 540 degrees to the left - Rear bamboo pole: right downward cut → left upward cut → left downward cut → Kyeonjeokse - Max. duration of 8 seconds (+/- 3 points per second)
<p>Remark: Divisions "Men 1", "Men 2", "Instructors" and "Masters" all have a preliminary round and a final round.</p> <p>Winners will be determined based on scoring of speed (50%) and precision (50%); in the event of a tie, there will be a rematch.</p> <ul style="list-style-type: none"> - Speed scoring = the time between the start of the cutting (after the 'Junbi' and 'Baldo' command) and the finishing of the cutting in Kyeonjeokse facing the last cut target will be measured and scored in points. - Precision scoring = every cut will be judged and scored based on [1] whether it's fully cut or [2] not cut. <ul style="list-style-type: none"> ○ 'Not cut' implies: cut remainders / bamboo seat falls down / bamboo is ejected from its seat / curved cut / cut is too vertical (length of the cut is longer than twice the bamboo pole's diameter) <ul style="list-style-type: none"> - For every second over the max. time, 3 points will be deducted as a penalty - For every second under the max. time, 3 points will be added - 10 Points deduction in case the turning motion is not executed - 10 Points deduction in case the final Kyeonjeokse is not faced towards the last cut target - 10 Points deduction in case laido style Baldo / Chakgum is performed - 10 Points deduction in case the sword touches the floor - Disqualification in the event that competitors show improper etiquette as a championship competitor and as a Haidong Gumdo practitioner. <p style="color: red;">Federation Jingum mandatory</p>	



Sword Dance

<p>Color Belts (All Levels) and Black Belts (All Levels)</p>	<ul style="list-style-type: none"> - One round: Final - Anyone of any rank, gender or age can participate - Music must be prepared individually on a remote storage device (CD, USB, etc.) - Performance without cutting (e.g. bamboo or straw) - Maximum duration of performance & music: 2,5 minutes (music will stop after 2,5 minutes) - Free choice of uniform, music and material - Other weapons or attributes allowed for a maximum of 1 minute
<p>Instructors & Masters</p>	<p>Competitors will be judged, based on the following points:</p> <ul style="list-style-type: none"> • Creativity • Technique • Harmony <p><i>Also no other attributes that may cause fire or damage to the venue may be used for the performance.</i></p>

Federation Mokgum or Kagum mandatory